

Mental Wellbeing By Design for Manufacturing

Actions

Review your ratings for each section and identify the following:

- a. The key 1 or 2 harming factors and note down what you think could be done to eliminate or minimise these risks.
- b. The key 1 or 2 protective factors and note down what you think could be done to maintain or strengthen this protection.

	HARMING MENTAL HEALTH	PROTECTING MENTAL HEALTH
TASK	Significant harmful risks:	Significant protective factors:
	Actions to eliminate or minimise:	Actions to maintain the protection:
INDIVIDUAL	Significant harmful risks:	Significant protective factors:
	Actions to eliminate or minimise:	Actions to maintain the protection:
SOCIAL	Significant harmful risks:	Significant protective factors:
	Actions to eliminate or minimise:	Actions to maintain the protection:
ORGANISATIONAL	Significant harmful risks:	Significant protective factors:
	Actions to eliminate or minimise:	Actions to maintain the protection: